# Discussion session after tool presentation EPH EXPOSOME TOOL SEPH ENDISOR A healthy working life

- Please consider these questions during the presentation to provide feedback afterwards for the discussion
- Please answer these in your role professionally and think about other potential users:
  - For what purposes would you use this tool?
  - What other features would make this tool useful?
  - Would somebody else use the tool? Who are they and why?



# Working life expectancy

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#### **Outlines of presentation**



- ☐ Introduction to the tool "Working life expectancy"
  - > To whom the tool is meant for?
  - > Aim of the tool
  - What does it include?
- ☐ Working life expectancy (WLE)/healthy working life expectancy (HWLE)
  - Definition
  - ➤ Why do we need WLE/HWLE?
- ☐ How does the tool work
- ☐ Summary

# Practical guide for calculating working life expectancy (WLE) using Sullivan method (Leinonen & Solovieva, upcoming)

EPHER Exposome tools for a healthy working life

- ☐ For whom the tool is meant for?
  - > Researchers
- ☐ Aim
  - > To introduce approaches for examining WLE in research
  - > To help its users apply the calculation method on their own data

- ☐ Includes
  - > Excel-based computational templates
  - > Examples

#### Working life expectancy (WLE) and Working years lost (WYL)



- ☐ WLE and WYL summary measure in a working population
- □ WLE indicates the future time that a person at a given age is expected to be in working life (during specified age range)
  - 35 34,0 Assuming that statutory retirement age is 64 years 30 25 Working Years lost 26,0 21,9 **1**9,0 14,0 13,3 9,0 9,1 5 5,1 30 35 50 55 Age (years)
    - → Expected time in employment → Remaining potential working years

      Source: Nurminen M 2012 Finnish Centre for

      Pensions report

■ WYL - indicates the future time that a person at a given age is expected to be not working (during specified age range)

Between age 30 and 64 person living in Finland in 2005 was expected to be employed for 26 years and expected to be not working for 8 years

#### Healthy working life expectancy (HWLE)



HWLE - indicates the future time that a person at a given age is expected to work

and be "healthy"

Good self-rated health

No disability

**Good work ability** 

Non-absence from work due to ill-health

## Why do we need WLE/HWLE?

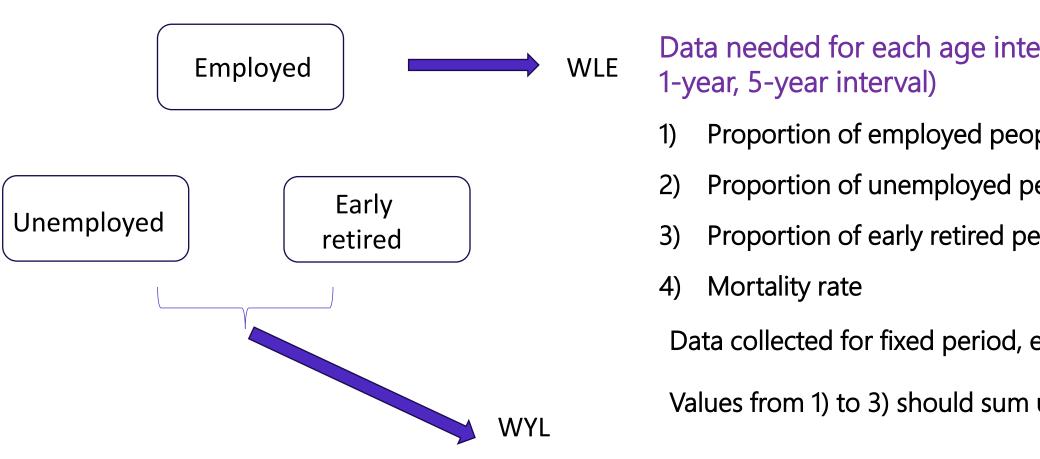


- ☐ What would WLE/HWLE be used for?
  - Monitor changes over time (within and between the countries, within specific groups)
  - > Examine factor influencing on WLE/HWLE/WYL (e.g., education, occupation, exposures, chronic diseases)
  - Outcome measure in population level interventions
  - > Economical evaluations

- ☐ For whom it might be useful?
  - Decision makers

#### States of interest for WLE calculation. Example





Data needed for each age interval (e.g.

- Proportion of employed people
- Proportion of unemployed people
- Proportion of early retired people

Data collected for fixed period, e.g. one year

Values from 1) to 3) should sum up to 1

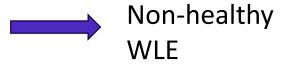
#### States of interest for HWLE calculation. Example



At work



Out of work due to ill-health



Unemployed

Disability pension

Old age pension

#### Data needed

- Proportion of people who are employed and healthy/non-absent from work due to illhealth/good work ability
- 2) Proportion of people who are employed but not healthy/absent from work due to ill-health/reduced work ability
- 3) Proportion of unemployed people
- 4) Proportion of early retired people (on disability or old age-pension)
- 5) Mortality rate

Data collected for fixed period, e.g. one year

Values from 1) to 4) should sum up to 1

#### How does the tool work?



Different templates depending on the number of states

#### Starting point

- ➤ Decide what are you going to calculate WLE or HWLE
- Define number of states of interest (depending on research question and available input data)
- > Select age range for calculations



Age	Mortality rate User input	disability pension User	Proporti on at work User input	Proporti on of employe d but absent from work User input	Proporti on of unemplo yed User input	Proporti on on old-age pension User input	on in	Expecte d years lost due to disability pension	d years	Expecte d years of non- healthy WLE	Expecte d years lost due to unemplo yment	d years lost due to old	Expecte d years lost due to other reasons	Disability pension Share	HWLE Share	Non- healthy WLE	Unemplo yment Share	Old age pension Share	Other Share
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Ago	fo	or ca	ange Icula	tion	orti of plo	on on old-age		to disability	d years	Expecte d years of non- healthy WLE	d years lost due to unemplo	to old age	d years lost due to other	Disability	UNA/I F		Unemplo		Other.
Age	rate	pension User	User	Work User	yed User	pension User	states User	pension	(HVVLE)	VVLE	yment	pension	reasons	pension	HWLE	WLE	yment	pension	Other
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Age	e	Mortality rate	Proporti on on disability pension User	Proporti on at work User	Proporti on of employe d but absent from work	Proporti on of unemplo yed User	Proporti on on old-age pension User	Proporti on in other states	Expecte d years lost due to disability pension	d years of work		d years	lost due to old	lost due to other	Disability pension	HWLE	Non- healthy WLE	Unemplo yment	Old age pension	Other
		User inpu		input	input	input	input	input	Years	Years	Years	Years	Years	Years	Share	Share	Share	Share	Share	Share
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Age	Mortality rate	Proporti on on disability pension	Proporti on at work	Proporti on of employe d but absent from work	Proporti on of unemplo yed	on on old-age pension	on in other states	Expecte d years lost due to disability pension	Expecte d years of work (HWLE)	Expecte d years of non- healthy WLE	d years	Expecte d years lost due to old age pension	lost due to other		Disability pension	HWLE	Non- healthy WLE	Unemplo yment	Old age pension	Other
	User input	User input	User input	User input	User input	User input	User input	Years	Years	Years	Years	Years	Years		Share	Share	Share	Share	Share	Share
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#### Possible sources of input data



- ✓ Official statistics
- ✓ Registers
- ✓ Representative population surveys

# Calculation example: HWLE in 2016 among Finnish men between age 50-65 years

				n of				Expected		Expected	Expected	Expected	Expected						
		Proportio		employed	Proportio			years lost	Expected	years of	years lost	years lost	years lost			Nau			
		n on		but	n of		Proportio	due to	years of	non-		due to old		me Lulu		Non-		61.1	
_	Mortality	disability			unemploy	T.		disability	work		unemploy	age	other	Disability		healthy	Unemplo	Old age	
Age	rate	pension	n at work	from	ed	pension	states	pension	(HWLE)	WLE	ment	pension	reasons	pension	HWLE	WLE	yment	pension	Other
5	0,0030525	,05726	,76644	0,02561	,11194	,00060	0,0382	1,57053	8,7502	0,30796	1,68564	1,13226	0,98803	10,9%	60,6%	2,1%	11,7%	7,8%	6,8%
5	0,0036197	,06158	,75541	0,02481	,11880	,00024	0,0392	1,51799	8,00934	0,28325	1,57868	1,13513	0,95284	11,3%	59,4%	2,1%	11,7%	8,4%	7,1%
5	0,0036336	,06394	,75204	0,0248	,11847	,00355	0,0372	1,4618	7,28161	0,25942	1,46539	1,139	0,91706	11,7%	58,1%	2,1%	11,7%	9,1%	7,3%
5	0,0038317	,06926	,73345	0,01448	,11800	,00627	0,0585	1,40306	6,55471	0,23552	1,35204	1,13959	0,88313	12,1%	56,7%	2,0%	11,7%	9,9%	7,6%
5	0,0044539	,07082	,72483	0,02842	,11662	,00914	0,0502	1,33906	5,84501	0,22192	1,23901	1,13768	0,82786	12,6%	55,1%	2,1%	11,7%	10,7%	7,8%
5	0,0047941	,07858	,70804	0,03004	,12368	,01074	0,0489	1,27406	5,14466	0,19442	1,12766	1,1336	0,78127	13,2%	53,3%	2,0%	11,7%	11,7%	8,1%
5	0,0061791	,09115	,69384	0,02807	,12525	,01238	0,0493	1,20141	4,45964	0,16525	1,0091	1,12828	0,73598	13,8%	51,3%	1,9%	11,6%	13,0%	8,5%
5	7 0,0068145	,11204	,66872	0,03008	,13077	,01297	0,0454	1,11742	3,79129	0,13811	0,88971	1,12286	0,69106	14,4%	48,9%	1,8%	11,5%	14,5%	8,9%
5	0,0068405	,12581	,65785	0,02831	,12227	,01453	0,0512	1,01264	3,14621	0,10887	0,76458	1,11752	0,65022	14,9%	46,3%	1,6%	11,2%	16,4%	9,6%
5	9 0,0083607	,13143	,61795	0,02407	,12745	,01641	0,0827	0,89335	2,50769	0,08121	0,64714	1,11061	0,60329	15,3%	42,9%	1,4%	11,1%	19,0%	10,3%
6	0,0082283	,16087	,57338	0,02629	,13652	,02124	0,0817	0,76887	1,9082	0,05773	0,52459	1,10346	0,52532	15,7%	39,0%	1,2%	10,7%	22,6%	10,7%
6	1 0,0095358	,18231	,49072	0,01177	,17514	,03839	0,1017	0,61369	1,34822	0,0318	0,39184	1,09125	0,44761	15,6%	34,4%	0,8%	10,0%	27,8%	11,4%
6	0,0106361	,20176	,43719	0,01044	,16133	,09570	0,0936	0,43638	0,86807	0,02028	0,21961	1,06313	0,34974	14,8%	29,4%	0,7%	7,4%	36,0%	11,8%
6	0,0110707	,15687	,29412	0,00807	,06010	,35334	0,1275	0,23821	0,43782	0,01	0,05977	0,97829	0,25939	12,0%	22,1%	0,5%	3,0%	49,3%	13,1%
6	4 0,0136125	,08312	,14694	0,002	,00000	,63387	0,1341	0,08312	0,14694	0,002	-2,5E-13	0,63387	0,13406	8,3%	14,7%	0,2%	0,0%	63,4%	13,4%

# Calculation example: HWLE in 2016 among Finnish men between age 50-65 years

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				n of				Expected		Expected	Expected	Expected	Expected							
		Proportio		employed	Proportio	Proportio		years lost	Expected	years of	years lost	years lost	years lost				Nau			
		n on		but	n of	n on old-	Proportio	due to	years of	non-	due to	due to old	due to				Non-			
	Mortality	disability	Proportio	absent	unemploy	age	n in other	disability	work	•	unemploy	age	other		Disability		healthy	Unemplo	Old age	
Age	rate	pension	n at work	from	ed	pension	states	pension	(HWLE)	WLE	ment	pension	reasons		pension	HWLE	WLE	yment	pension	Other
50	0,0030525	,05726	,76644	0,02561	,11194	,00060	0,0382	1,57053	8,7502	0,30796	1,68564	1,13226	0,98803		10,9%	60,6%	2,1%	11,7%	7,8%	6,8%
51	0,0036197	,06158	,75541	0,02481	,11880	,00024	0,0392	1,51799	8,00934	0,28325	1,57868	1,13513	0,95284		11,3%	59,4%	2,1%	11,7%	8,4%	7,1%
52	0,0036336	00204	75204	0.0040	11017	۸۸۵۲۲	0 0372	1 4610	7.20171	0.25042	1 40520	1 120	0.01706		11 70/	58,1%	2,1%	11,7%	9,1%	7,3%
53	0,0038317	Σ(0	,057	26; 0	,7664	14; 0,	0256	1; 0,	11194	4; 0,0	00060	); 0,0	382)	=1,0	000	56,7%	2,0%	11,7%	9,9%	7,6%
54	0,0044539	,07082	,72483	0,02842	,11662	,00914	0,0502	1,33906	5,84501	0,22192	1,23901	1,13768	0,82786		12,6%	55,1%	2,1%	11,7%	10,7%	7,8%
55	0,0047941	,07858	,70804	0,03004	,12368	,01074	0,0489	1,27406	5,14466	0,19442	1,12766	1,1336	0,78127		13,2%	53,3%	2,0%	11,7%	11,7%	8,1%
56	0,0061791	,09115	,69384	0,02807	,12525	,01238	0,0493	1,20141	4,45964	0,16525	1,0091	1,12828	0,73598		13,8%	51,3%	1,9%	11,6%	13,0%	8,5%
57	0,0068145	,11204	,66872	0,03008	,13077	,01297	0,0454	1,11742	3,79129	0,13811	0,88971	1,12286	0,69106		14,4%	48,9%	1,8%	11,5%	14,5%	8,9%
58	0,0068405	,12581	,65785	0,02831	,12227	,01453	0,0512	1,01264	3,14621	0,10887	0,76458	1,11752	0,65022		14,9%	46,3%	1,6%	11,2%	16,4%	9,6%
59	0,0083607	,13143	,61795	0,02407	,12745	,01641	0,0827	0,89335	2,50769	0,08121	0,64714	1,11061	0,60329		15,3%	42,9%	1,4%	11,1%	19,0%	10,3%
60	0,0082283	,16087	,57338	0,02629	,13652	,02124	0,0817	0,76887	1,9082	0,05773	0,52459	1,10346	0,52532		15,7%	39,0%	1,2%	10,7%	22,6%	10,7%
61	0,0095358	,18231	,49072	0,01177	,17514	,03839	0,1017	0,61369	1,34822	0,0318	0,39184	1,09125	0,44761		15,6%	34,4%	0,8%	10,0%	27,8%	11,4%
62	0,0106361	,20176	,43719	0,01044	,16133	,09570	0,0936	0,43638	0,86807	0,02028	0,21961	1,06313	0,34974		14,8%	29,4%	0,7%	7,4%	36,0%	11,8%
63	0,0110707	,15687	,29412	0,00807	,06010	,35334	0,1275	0,23821	0,43782	0,01	0,05977	0,97829	0,25939		12,0%	22,1%	0,5%	3,0%	49,3%	13,1%
64	0,0136125	,08312	,14694	0,002	,00000	,63387	0,1341	0,08312	0,14694	0,002	-2,5E-13	0,63387	0,13406		8,3%	14,7%	0,2%	0,0%	63,4%	13,4%

# Calculation example: HWLE in 2016 among Finnish men between age 30-65 years

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				employ	_	old-	tion in	years	years	years	years	years	years						
	Mortalit	ity	tion at	ed but	unempl	age	other	lost	of	of non-		lost	lost	pensi	uva e		•	pensio	Other
Age	y rate	pensio	work	absent	oyed	pensio	states	due to	work	healthy	due to	due to	due to	on	HYLE	■ VLE	ent	<u>n</u>	Other
	User input	User	User input	User input	User	User input	User input	Years	Years	Years	Years	Years	Years	Share	Share	Share	Share	Share	Share
20			,76970				0,0555						1,7333		71,8%			3,3%	
30	0,000775	,01656		0,0214	,13680	,00000		2,081			3,9159	1,1009		6,2%		2,1%	11,6%		5,1%
31	0,000066	,01754	,76700	0,01941	,13486	,00000	0,0612	2,0661	23,503	0,6879	3,7821	1,1018	1,679	6,3%	71,6%	2,1%	11,5%	3,4%	5,1%
32	0,000883	,01889	,78667	0,02101	,13015	,00001	0,0433	2,0499	22,752	0,669	3,6497	1,1025	1,6189	6,4%	71,5%	2,1%	11,5%	3,5%	5,1%
33	0,00073	,02061	,78934	0,01987	,12746	,00000	0,0427	2,0328	21,985	0,6485	3,5227	1,1035	1,5771	6,6%	71,2%	2,1%	11,4%	3,6%	5,1%
34	0,001093	,02033	,79743	0,01411	,11154	,00000	0,0566	2,0137	21,211	0,6291	3,3978	1,1043	1,5355	6,7%	71,0%	2,1%	11,4%	3,7%	5,1%
35	0,000552	,02138	,80616	0,0204	,11777	,00000	0,0343	1,9956	20,437	0,6157	3,2899	1,1055	1,4806	6,9%	70,7%	2,1%	11,4%	3,8%	5,1%
36	0,000731	,02160	,80737	0,02098	,11365	,00000	0,0364	1,9753	19,642	0,5956	3,1739	1,1061	1,4471	7,1%	70,3%	2,1%	11,4%	4,0%	5,2%
37	0,001394	,02353	,81540	0,02137	,11034	,00000	0,0294	1,9551	18,848	0,5751	3,0625	1,1069	1,4117	7,3%	69,9%	2,1%	11,4%	4,1%	5,2%
38	0,001225	,02641	,81326	0,01981	,10868	,00000	0,0318	1,9343	18,059		2,9564	1,1084	1,3843	7,4%	69,5%	2,1%	11,4%	4,3%	5,3%
39	0,001044	,02706	,81648	0,01927	,10716	,00000	0,0300	1,9102	17,267	0,5354	2,8512	1,1098	1,3542	7,6%	69,0%	2,1%	11,4%	4,4%	5,4%
40	0,000841	,02817	,81633	0,02021	,10724	,00000	0,0281	1,8852	16,468	0,5166	2,747	1,1109	1,3255	7,8%	68,5%	2,1%	11,4%	4,6%	5,5%
41	0,001206	,02916	,81665	0,02029	,10463	,00004	0,0292	1,8586	15,665	0,4968	2,642	1,1119	1,2986	8,1%	67,9%	2,2%	11,5%	4,8%	5,6%
42	0,001309	,03091	,80903	0,01891	,10963	,00000	0,0315	1,8316	14,867	0,4771	2,5405	1,1132	1,2709	8,3%	67,3%	2,2%	11,5%	5,0%	5,8%
43	0,001601	,03597	,79959	0,02309	,10478	,00004	0,0365	1,8031	14,077	0,4588	2,4341	1,1146	1,241	8,5%	66,6%	2,2%	11,5%	5,3%	5,9%
44	0,002272	,03881	,80165	0,01831	,11177	,00000	0,0295	1,77	13,299	0,4365	2,3332	1,1164	1,2065	8,8%	66,0%	2,2%	11,6%	5,5%	6,0%
45	0,002243	,04076	,79620	0,02223	,10762	,00016	0,0330	1,7352	12,527	0,4191	2,2266	1,1189	1,1797	9,0%	65,2%	2,2%	11,6%	5,8%	6,1%
46	0,003162	,02458	,78408	0,02418	,11442	,00042	0,0523	1,6982	11,758	0,3978	2,1239	1,1213	1,1493	9,3%	64,4%	2,2%	11,6%	6,1%	6,3%
47	0,002524	,03183	,78230	0,01952	,11800	,00039	0,0480	1,679	11,01	0,3749	2,016	1,1244	1,1005	9,7%	63,6%	2,2%	11,6%	6,5%	6,4%
48	0,002718	,03892	,78241	0,0243	,11688	,00037	0,0371	1,6514	10,254	0,3563	1,9029	1,1269	1,0553	10,1%	62,7%	2,2%	11,6%	6,9%	6,5%
49	0,002978	,05111	,77579	0,0259	,11060	,00066	0,0360	1,6169	9,4988	0,3329	1,7911	1,1296	1,021	10,5%	61,7%	2,2%	11,6%	7,3%	6,6%
50	0,003053	,05726	,76644	0,02561	,11194	,00060	0,0382	1,5705	8,7502	0,308	1,6856	1,1323	0,988	10,9%	60,6%	2,1%	11,7%	7,8%	6,8%
51	0,00362	,06158	,75541	0,02481	,11880	,00024	0,0392	1,518	8,0093	0,2832	1,5787	1,1351	0,9528	11,3%	59,4%	2,1%	11,7%	8,4%	7,1%
52	0,003634	,06394	,75204	0,0248	,11847	,00355	0,0372	1,4618	7,2816	0,2594	1,4654	1,139	0,9171	11,7%	58,1%	2,1%	11,7%	9,1%	7,3%
53	0,003832	,06926	,73345	0,01448	,11800	,00627	0,0585	1,4031	6,5547	0,2355	1,352	1,1396	0,8831	12,1%	56,7%	2,0%	11,7%	9,9%	7,6%
54	0,004454	.07082	,72483	0,02842	.11662	.00914	0,0502	1,3391	5,845	0,2219	1,239	1,1377	0,8279	12,6%	55,1%	2,1%	11,7%	10,7%	7,8%
55	0.004794	.07858	.70804	0,03004	.12368	.01074	0,0489	1,2741	5,1447	0,1944	1,1277	1,1336	0,7813	13,2%	53,3%	2.0%	11,7%	11,7%	8,1%
56	0,006179	.09115	,69384	0,02807	.12525	.01238	0,0493	1,2014	4,4596	0,1652	1,0091	1,1283	0,736	13,8%	51,3%	1,9%	11,6%	13,0%	8,5%
57	0,006814	,11204	,66872	0,03008	,13077	,01297	0,0454	1,1174	3,7913	0,1381	0,8897	1,1229	0,6911	14,4%	48,9%	1,8%	11,5%	14,5%	8,9%
58	0.00684	,12581	,65785	0,02831	,12227	,01453	0,0512	1,0126	3,1462	0,1089	0.7646	1,1175	0,6502	14,9%	46,3%	1,6%	11,2%	16,4%	9,6%
59	0,008361	,13143	,61795	0,02407	.12745	.01641	0,0827	0.8934	2,5077	0,0812	0,6471	1,1106	0,6033	15,3%	42,9%	1,4%	11,1%	19,0%	10,3%
60	0,008228	,16087	.57338	0,02629	,13652	.02124	0,0817	0,7689	1,9082	0,0577	0,5246	1,1035	0,5253	15,7%	39.0%	1,2%	10.7%	22,6%	10,7%
61	0.009536	,18231	,49072	0,01177	.17514	.03839	0,1017	0,6137	1,3482	0,0318	0,3918	1,0912	0,4476	15,6%	34.4%	0.8%	10.0%	27,8%	11,4%
62	0.010636	,20176	,43719	0.01044	.16133	.09570	0,0936	0,4364	0,8681	0,0203	0,2196	1,0631	0,3497	14,8%	29.4%	0,7%	7.4%	36.0%	11,8%
63	0,011071	,15687	,29412	0,00807	,06010	,35334	0,1275	0,2382	0,4378	0,0203	0,0598	0,9783	0,2594	12,0%	22,1%	0,5%	3,0%	49,3%	13,1%
64	0,013612	,08312	,14694			,63387	0,1219	0,2302	0,4376	0,002	-3E-13	0,6339	0,2334	8,3%	14,7%	0,3%	0.0%	63,4%	13,4%
64	0,013612	,00312	,14034	0,002	,00000	,63367	0,1341	0,0031	0,1403	0,002	-3E-13	0,0333	0,1341	0,3%	14,7%	0,2%	0,0%	03,4%	10,4%

#### Comparison between the groups



- > For each group of interest calculations need to be done separately
- > Each group needs own input data

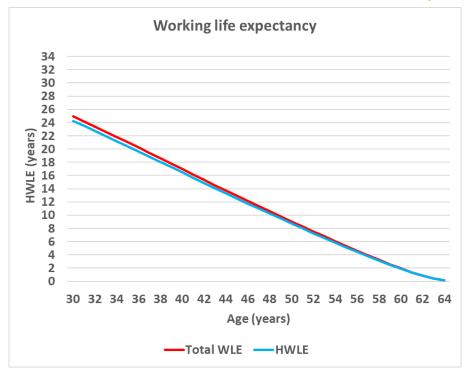
#### For example:

to compare WLE between manual workers and upper-level employees, two input data matrices are needed, one for manual workers and another for upper-level employees

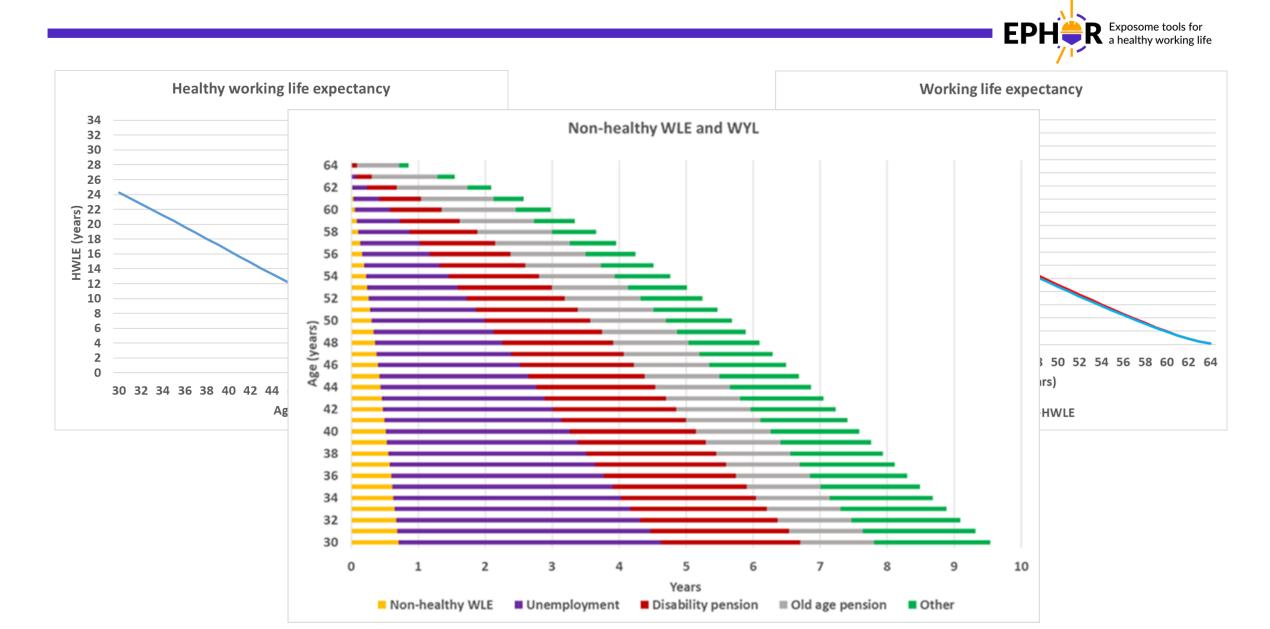
#### Visualization of results: Graphs included into template





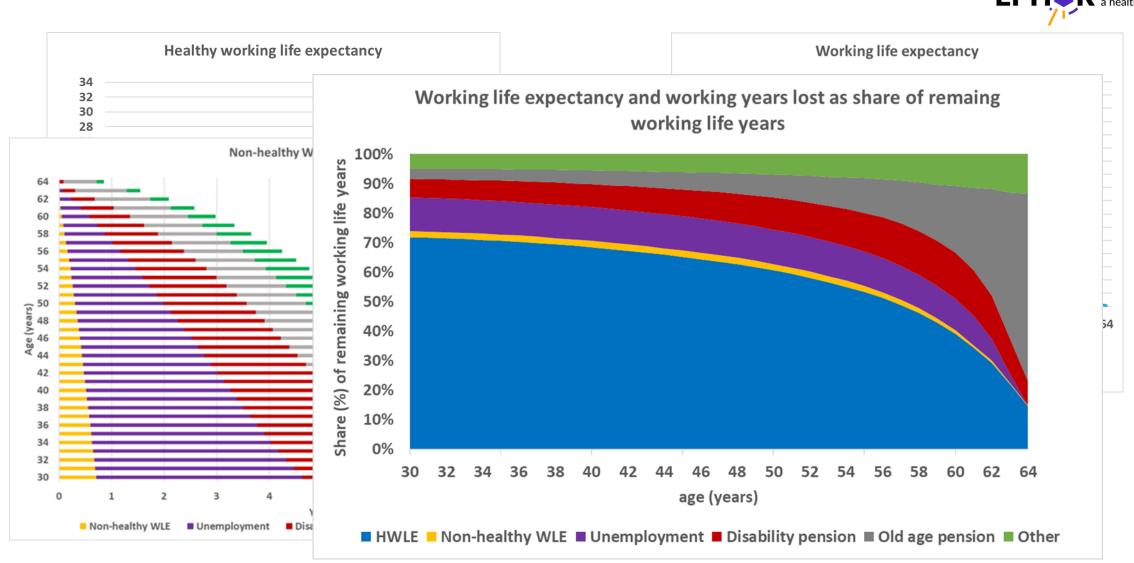


#### Visualization of results: Graphs included into template



#### Visualization of results: Graphs included into template





## Summary



- ☐ The tool is primarily made for researchers, but it can be used outside research
- ☐ It is aiming to help its users apply the calculation method on their own data
- ☐ Input data on mortality rate and proportion of people in each states of interest are needed for each age interval
- ☐ Input data can be derived from official statistics, registers or representative population surveys
- ☐ It can calculate WLE, HWLE, non-healthy WLE, WYL





# THANKS FOR YOUR ATTENTION

For more information: www.ephor-project.eu

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